



# 6<sup>th</sup> Biennial Ganga Arthroscopy Course

# GAC 2026

March 27<sup>th</sup> - 29<sup>th</sup> 2026 | Coimbatore

## Scientific Program



**Dr. S Rajasekaran**  
Organising Chairman



**Dr. SR Sundararajan**  
Organising Secretary

**Co-Organising Secretaries:**

**Dr. Ramakanth R**  
**Dr. Terence D'Souza**



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**INTERNATIONAL FACULTY**



**Dr. Anand Murti**  
USA



**Dr. Philip Schoettle**  
Germany



**Dr. Marc Thompkins**  
USA



**Dr. Gowreeson Thevendran**  
Singapore



**30+ National Faculty**

**PROGRAM HIGHLIGHTS**

**More Than 25 Live Surgeries!**

**Panel Discussions & Debates!**

**Brainstorming Breakfast Symposia!**

**Workshop!**

**Day 1**  
*Knee Arthroscopy*

**Day 2**  
*Shoulder Arthroscopy*

**Day 3**  
*Elbow & Ankle Arthroscopy*



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# From The Organising Desk

We are assembling the best international and national faculty for a remarkable learning experience!



**Dr. S Rajasekaran**  
Organising Chairman



**Dr. SR Sundararajan**  
Organising Secretary



**Dr. Ramakanth R**  
Co-Organising Secretaries



**Dr. Terence D'Souza**  
Co-Organising Secretaries

Dear Colleagues,

We are pleased to announce that the 6th Ganga Operative Arthroscopy Course 2026 is to be held in Ganga Hospital from 27th - 29th March 2026. This course is conducted every 2 years & has been a benchmark conference covering basic & advance arthroscopy surgeries & is attended by more than 700+ delegates from all over the country ! The course has distinguished faculty members worldwide and aims to provide the highest levels of clinical, diagnostic concepts and treatment practices of arthroscopy of not only the knee and shoulder but also for ankle and wrist arthroscopy.

Apart from 25 to 30 live surgeries we also have case-based the panel discussion, lectures and Dry model workshop stations. The third day of the course will also focus on small joint scopy mainly wrist and ankle arthroscopy.

We will look forward to seeing you during the academic bonanza. Coimbatore, an industrial hub, is well known for its educational institutions, pleasant weather, friendly culture and exceptional hospitality. It is well-connected to international airports at Chennai, Mumbai, Delhi and Bangalore. The city is also a gateway to some of India's most famous hill stations, ISHA yoga centre and other tourist destinations.

The conference presents an opportunity to visit this beautiful city, meet old friends, make new ones and have a great family holiday. We welcome you and your family to a rich and memorable experience.

**Prof. S Rajasekaran**  
Chairman-Dept of Orthopaedics & Spine Surgery

**Dr. S R Sundararajan**  
Organising Secretary



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TIME	TOPIC
	<b>BREAKFAST SYMPOSIUM/ SUNRISE SYMPOSIUM</b>
<b>7.30- 8.30</b>	<b>Sunrise Symposium : 1 – ACL (Auditorium) (8 mins each)</b>
	Graft harvest – Hamstrings & Peroneus video technique
	BPTB & cQT video technique
	Anatomical ACL reconstruction – current evidence
	Intraoperative complications – to be vigilant!!!
	ACL primary repair – indications & technique
	ACL remnant preservation – classification & technique
	Discussion (12 mins)
<b>7.30- 8.30</b>	<b>Sunrise Symposium : 2 – Meniscus (Hall - A) (8 mins Each)</b>
	Anatomy of meniscus and indications of meniscal repair
	Techniques of meniscal repair(outside-in,Inside-out,All-inside)
	Ramp Classification,Technique - and obligation
	Complex meniscal repair & Zip lesions
	Meniscal root repair
	Radial tear techniques
	Discussion (12mins)
<b>7.30- 8.30</b>	<b>Sunrise Symposium : 3 – MLKI (Hall - C) (8 mins Each)</b>
	MCL & PMC Anatomy & repair technique
	MCL reconstruction - techniques
	LCL & PLC Anatomy & decision making
	PLC reconstruction
	Arthroscopic modified larsons & Laprade PLC reconstruction

TIME	TOPIC
	Techniques of PCL avulsion fixation
	Discussion (12mins)
8.30- 8.50	BREAKFAST
Main Session	
8.50- 9.00	Welcome address & Inauguration
9.00- 9.45	"LIVE SURGERY-1 ACLR - Quads"
	"LIVE SURGERY-2 ACLR - Hamstring"
9.45- 10.30	"LIVE SURGERY- 3 PCLR- Single bundle"
	"LIVE SURGERY- 4 PCLR- All-inside"
10.30-11.15	ACL Sessions- (7 MIN EACH)
	Infected ACL - strategies
	LET & ACLR - Current evidence
	"Revision ACL - single vs two stage &
	ALPS score for Tibial slope"
	Paediatric ACL avulsion relive
	Discussion (10 MINS)
11.15-11.45	Panel Discussion-1: (30 mins)- PCL+MLKI
11.45-12.15	Patella session(7mins talk)
	Planning for patellar instability
	MPFL advancement procedures and MPFL reconstruction for patellar instability
	PF instability in children
	Discussion (9 MINS)
12.15-12.30	"KEYNOTE LECTURE- 1 "" - Art of trochleoplasty - when & why!!!
12.30-13.30	"LIVE SURGERY 5 Slope correction osteotomy+revision ACL reconstruction"

<b>TIME</b>	<b>TOPIC</b>
12.30-13.30	"LIVE SURGERY 6 Multi-ligament reconstruction (MLKI) -MCL reconstruction"
13:30-14:00	LUNCH BREAK
14:00-15:00	"LIVE SURGERY 7 Trochleoplasty"
14:00-15:00	"LIVE SURGERY 8 ACL -R"
	"LIVE SURGERY 9 MPFL - R"
15:00-15:30	"Live Audience- Poll - 10-Q & A`s -1 (De-busting wrong choices by experts)"
15:30-16:15	Osteotomy session - (7 MIN EACH)
	"Simplified assessment of lower limb deformity & biomechanics"
	TCVO- When, why and How
	DFO - Distal femoral Osteotomy
	DLO - Double level osteotomy
	Osteotomy with ligament reconstruction
16:05-16:15	Discussion (10 MINS)
16:15-16:30	"KEYNOTE LECTURE- 2 (15mins)" Lower limb alignment in patellar instability
16:30-17:30	"LIVE SURGERY 10 Double level osteotomy"
	"LIVE SURGERY 11 Meniscal transplant"
17:30-18:15	"LIVE SURGERY 12 PCL avulsion - ARIF"
	"LIVE SURGERY 13 RR +HTO"
18:15-18:45	Workshops
	Workshop 1 - Meniscus - (Auditorium)
	Workshop 2 - Cartilage - Arthrex (Hall A)
	Workshop 3 - Osteotomy - -biotec (Hall B)
	Work-shop 4 - PCL - (Hall C)
19:30 onwards	Gala dinner - Hotel residency- Bus Arranged

TIME	TOPIC
	<b>BREAKFAST SYMPOSIUM/ SUNRISE SYMPOSIUM</b>
<b>7.30-8.30</b>	<b>Sunrise Symposium : 4 - Instability basic (Auditorium) (8 mins each)</b>
	Arthroscopic anatomy shoulder, Portal and position for Instability
	Soft tissue bankarts repair, technique- step by step
	Ramplissage, when, technique(knotted& knotless)
	Assessment of bone loss and indication for bony procedures
	Sub-critical bone loss - DAS
	Open Latarjet
	Discussion (12 mins)
<b>7.30-8.30</b>	<b>Sunrise Symposium : 5 - Cuff basic (Hall - A) (8 mins each)</b>
	Cuff -anatomy, Tear- classification
	Single-row repair -indications,portals, repair- technique
	Double row repair - indications & repair- technique
	Speed Bridge Cuff repair
	Atypical cuff tears(musculo-tendinous tear, complex tears)
	Chronic tears - Repairing the so called irreparable cuff
	Discussion (12 mins)
<b>7.30-8.30</b>	<b>Sunrise Symposium : 6 - Subscapular tear (Hall - C) (8 mins each)"</b>
	Arthroscopic anatomy -subscap and tear Classification
	Type I & II identification and management
	Type III Subscap -Inside the box repair
	Type IV Subscap - Outside the box repair- Algorithmn
	Irreparable Subscap tear

<b>TIME</b>	<b>TOPIC</b>
	<b>Antero-superior-Cuff tear and biceps management</b>
	<b>Discussion (12 mins)</b>
<b>8.30-9.00</b>	<b>BREAKFAST</b>
<b>Main Session</b>	
<b>9.00-10.00</b>	<b>"LIVE SURGERY 14 Bankarts (Knottless)"</b>
	<b>"LIVE SURGERY 15 Open Latarjet"</b>
<b>10.00-11.00</b>	<b>"LIVE SURGERY 16 Bankarts +Rampissage"</b>
	<b>"LIVE SURGERY 17 Bone block procedure ICBG(glenoid)"</b>
<b>11.00-11.15</b>	<b>Keynote Lecture- 3 Cookbook recipe for instability.</b>
<b>11.15-11.45</b>	<b>Panel Discussion - 2 Complex Shoulder cases</b>
<b>11.45-13.30</b>	<b>Video technique(7mins)</b>
	<b>HAGL relive video technique</b>
	<b>Suprascapular nerve decompression</b>
	<b>Distal clavicle bone block with osteoconnect for shoulder instability</b>
	<b>Bony Bankart`s - Double row suture bridge repair</b>
	<b>Patch augmentation in cuff repairs</b>
	<b>Transosseous cuff repair</b>
	<b>Discussion</b>
<b>12.30-13.30</b>	<b>"LIVE SURGERY 18 Cuff repair -Single row"</b>
	<b>"LIVE SURGERY 19 Instability with Subcritical bone loss -DAS"</b>
<b>13.30-14.00</b>	<b>Lunch</b>
<b>14.00-15.00</b>	<b>"LIVE SURGERY 20 Lower trapezius transfer "</b>
	<b>"LIVE SURGERY 21 Cuff repair - Double row "</b>

TIME	TOPIC
15.00-15.20	Panel discussion - Arthroplasty
15:20-15:40	Debate Laterjet (6mins) vs Boneblock(6mins) Rebuttal (4mins each-8mins)
15:40-16:30	Irreparable cuff Session (7mins)
	Muscle advancement
	Partial repair cuff in irreparable cuff
	SCR
	Lower trapezius transfer
	SCR+ LTTT
	Discussion (8mins)
16:30-17:30	<b>"LIVE SURGERY 22 Reverse shoulder"</b>
	<b>"LIVE SURGERY 23 Reverse shoulder"</b>
17:30-18:15	<b>"LIVE SURGERY 24 Capsular release/ Paralabral cyst"</b>
	<b>"LIVE SURGERY 25 AC joint fixation"</b>
18:15-18:45	Workshops
	Workshop 5- Reverse shoulder (Auditorium)
	Workshop 6- Cuff (Hall A)
	Workshop 7- Bankarts (Hall C)



TIME	TOPIC
<b>8:30-9:30</b>	<b>Ankle Session- 1 (8 mins each)</b>
	Ankle Arthroscopy set up and portals
	Ankle impingement and anterior arthroscopy
	Hindfoot arthroscopy -Position, indications and technique
	Behind the Heel: Arthroscopic Mastery in Posterior Ankle Impingement
	Tenoscopy - indications and techniques
	Arthroscopy in Foot & Ankle Fracture - Is it needed ?
	Syndesmosis and deltoid injury- arthroscopy scope
	Discussion (4min)
	<b>"LIVE SURGERY 26 - Ankle Surgery"</b>
<b>9:30-10:15</b>	
<b>10:15-11:15</b>	<b>Ankle Session -2 (8mins each)</b>
	Talar OCD Unplugged: Size-Based Solutions – From Arthroscopy to MIS to Open Mastery
	ATFL tear and Ankle instability
	Arthro-brostrum
	Failed ATFL repair and revision ATFL reconstruction
	Complex Hindfoot Deformities - Tips and Tricks, Method versus Means
	Peroneal Snapping syndrome
	Unlocking Power: Endoscopic FHL Tendon Transfer – Technique & Transformative Benefits
	Discussion (4min)
<b>11:15-12:00</b>	<b>Elbow Session-(8 mins each)</b>
	Elbow Arthroscopy set up and portals and indications
	Tennis elbow

TIME	TOPIC
	Chronic Elbow instability
	Stiff elbow
	A novel lateral collateral ligament reconstruction using split anconeus fascia
	Discussion (5min)
12:00-12:45	<b>"LIVE SURGERY 27 - Elbow Surgery"</b>
12:45-13:45	<b>"LIVE SURGERY 28, 29 Shoulder and Knee Live surgeries"</b>
13:45 onwards	<b>LUNCH &amp; End of course</b>

